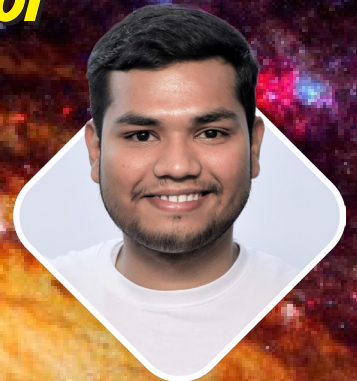




Ganga International School

AKASHGANGA

The Milky Way



GIS ALUMNUS: AYON ROY
EXECUTIVE DATA SCIENTIST & MENTOR
FOR MACHINE LEARNING

AKASHGANGA...

A GALAXY OF BRILLIANT MINDS, ON A TRAIL BLAZING SUCCESS

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EMBRACING EXCELLENCE FOR THE NEW SESSION

Dear Readers,

Welcome to the new session!

It is our utmost pleasure to invite you on a journey of inspiration, higher achievements, and personal growth. This session promises to be a remarkable chapter in our lives, filled with endless possibilities and opportunities for excellence. Education is a transformative force that empowers individuals to reach their fullest potential. It goes beyond the boundaries of textbooks and classrooms, encompassing the development of character, values, and skills. Our school magazine aims to reflect this holistic approach by providing a platform for our talented students to share their thoughts, insights, and creative expressions. In this edition, we call upon each and every one of you to contribute your voices, talents, and perspectives. Your articles and essays can delve into the importance of setting ambitious goals, overcoming obstacles, and the profound impact of personal growth. Let your words ignite the flame of determination and inspire your peers to embark on their own journeys of success. Art has the power to captivate, transcend barriers, and evoke emotions. We invite you to submit your artwork in the form of paintings, sketches, or any visual medium that celebrates the pursuit of excellence and personal growth. Let your creativity illuminate the pages of our magazine, inspiring the readers to dream big and embrace their own artistic endeavors. Poetry, has the ability to touch the depths of our hearts and souls. We encourage you to share your poetic creations, your verses will inspire fellow students and remind them of the beauty that lies within the pursuit of knowledge. We thrive as a community when we engage in dialogue and learn from one another. We invite you to share your stories of personal growth and achievements, fostering a supportive environment where students can uplift and motivate each other. Through these conversations, we lay the foundation for a collaborative and empowering school culture. As we embark on this new session, let us embrace the pursuit of excellence not as an individual endeavor but as a collective mission. Together, we can achieve remarkable milestones and make a lasting impact. We are confident that the pages of this magazine will be filled with remarkable contributions that inspire, inform, and empower. I extend my gratitude to our Chief Patron, Principal Ms. Swati Joshi for her able guidance, and to the students who share their talents and perspectives, as well as to the dedicated team working tirelessly behind the scenes to bring this magazine to life. Your commitment to excellence is commendable. May this new session be one of growth, achievement, and boundless possibilities. As we flip through the pages of this magazine, let us celebrate the remarkable talent within our GIS and draw inspiration from one another.

WISH YOU ALL AN ENLIGHTENING AND SUCCESSFUL NEW SESSION!

EDITORIAL DESK

PRINCIPAL'S DESK



Dear Readers,

I am thrilled to welcome you all to the new academic session with a renewed sense of enthusiasm and determination. As we embark on this new journey, I want to encourage each and every one of you to aim higher and strive for excellence in everything you do.

We have always believed in providing our students with the best possible education, and this year we are introducing new programs that will take our commitment to holistic growth to the next level. Our goal is to empower you with the knowledge, skills, and values that are essential for success in the 21st century.

We are proud to announce the introduction of various new programs that will focus on the development of 21st century skills. These programs include Robotics & AI, Vedic Maths, Communication Skills, Entrepreneurship, and Financial Literacy, Aerodynamics and many more. The labs are being renovated and yes we are with Smart Classes now, to open up a whole new world on deploying technology to innovate learning. Our hope is that these programs will not only prepare you for the challenges of the future but also foster a love for learning and exploration.

I am sure you are keenly interested in Robotics, which will enable you to develop problem-solving, creativity, and critical thinking skills. It will help you to think logically and approach challenges with a systematic approach. Vedic Maths will enhance your mathematical abilities, and it will teach you to solve problems faster and more accurately. These skills will be valuable not only in the classroom but also in your future careers. Communication skills are also vital in today's world, and we want to ensure that our students are able to articulate their ideas effectively. Our program on communication skills will teach you how to communicate with confidence and clarity. You will learn to express your ideas clearly, listen actively, and engage in meaningful conversations. Entrepreneurship and financial literacy are two essential skills that will prepare you for the future. These programs will teach you how to identify opportunities, take risks, and turn your ideas into reality. You will also learn how to manage your finances effectively and make informed financial decisions.

I urge all of you to take advantage of these programs and explore your interests. These programs are designed to empower you with the skills and knowledge that will enable you to succeed in whatever you choose to do in the future.

As we begin this new session, I want to wish all of you the very best. I hope that you will approach this year with enthusiasm, determination, and a thirst for knowledge. Our school is committed to providing you with the best possible education, and we are here to support you in your journey towards excellence.

Let us work together to achieve newer milestones and create a brighter future for ourselves and our community.

BEST WISHES FOR THE NEW SESSION!

Best Wishes

A handwritten signature in blue ink, appearing to read 'Swati Joshi'. The signature is written in a cursive style and is underlined.

Swati Joshi

All our dreams can come true; if we have the courage to pursue them.

Success stories that inspire....

GIS
Idol

ALUMNUS SUCCESS STORY : AYON ROY

EXECUTIVE DATA SCIENTIST & MENTOR FOR MACHINE LEARNING

Ayon Roy is our shining Alumnus, who distinguished himself in class X, by releasing his first book, now he has an impressive array of diverse skills. He works as an Executive Data Scientist at a multinational- NielsenIQ, has helped 3950+ people to start their Machine Learning journey, mentored 90+ hackathons, delivered 60+ technical talks & organized 50+ events for Kaggle Days Meetup Delhi NC in addition he has reviewed 4 technical books. We invited him to share his success story with us and he promptly obliged.

As I sit down to reflect on my journey from GIS to a successful career, a wave of nostalgia washes over me. The memories of my time at GIS, the friendships forged, and the knowledge gained flood my mind. It is with immense gratitude and pride that I share my story as an alumnus of GIS, where my passion for mathematics and computer science took flight, shaping the trajectory of my professional path.

GIS holds a special place in my heart, for it was within its walls that my intellectual curiosity and love for learning were nurtured. The school's exceptional faculty members played a pivotal role in instilling in me a deep appreciation for the beauty and logic of mathematics. I vividly remember the challenging yet rewarding classroom sessions where complex equations came alive and numerical puzzles unlocked new realms of knowledge. In 2017, I was honored to be recognized as the school topper in mathematics, an achievement that affirmed my passion and propelled me towards exploring the limitless possibilities in the world of numbers.

Armed with a strong mathematical foundation and an

insatiable thirst for knowledge, I stepped into the world of computer science upon graduating from GIS. Enrolling in the Bachelor of Technology course in Computer Science, I was eager to merge my mathematical prowess with the power



of technology. The education and experiences I had at GIS laid a solid groundwork for my understanding of computer science, enabling me to navigate the intricacies of algorithms, programming languages, and system design with relative ease. The critical thinking skills honed during my time at GIS proved invaluable as I delved deeper into the realm of computing.

It was during my undergraduate years that I encountered the emerging field of Data Science, and I was immediately captivated by its potential. The marriage of mathematics, computer science, and statistics in the pursuit of knowledge and insights from vast amount of data fascinated me. Eager to expand my horizon, I embarked on a journey to gain a deeper understanding of this field. Through internships in prominent tech hubs like Bangalore, Gurgaon and Dubai, I had the privilege of working on real-world data challenges, applying the theoretical knowledge gleaned from GIS to solve practical problems. These experiences not only enhanced my technical skills but also instilled in me the

“However difficult life may seem, there is always something you can do and succeed at.

Contributed by: Sonam Jha XII C2

importance of data-driven decision-making, propelling me further along the path of Data Science.

Additionally, during my time at GIS, I had the opportunity to start writing a yearbook series which goes by the name "Excelsior", a General Knowledge book series which I continued writing till 2018. As an author for this self launched publication, I delved into various subjects, conducting research, and honing my writing skills. And I must say the appreciation & support I received from the GIS fraternity has been transformative in my career to keep moving ahead. This experience not only deepened my understanding of diverse topics but also nurtured my ability to effectively communicate complex ideas. Little did I know then that this early exposure to the world of writing would become a valuable asset in my career as a Data Scientist. The ability to articulate findings, present insights, and explain complex algorithms with clarity has been instrumental in my professional journey, allowing me to effectively communicate data-driven solutions to stakeholders and drive impactful change. The foundation laid by my experience as an author during my school days has undoubtedly played a significant role in shaping my career trajectory.

Today, I stand proud as an Executive Data Scientist at NielsenIQ, an esteemed American multinational company. In this role, I am privileged to collaborate with brilliant minds and harness the power of data to drive business growth. Leveraging advanced analytical techniques, machine learning algorithms, and cutting-edge technologies, I unearth invaluable insights that shape strategies and pave the way for innovation. The ever-evolving nature of Data Science keeps me on my toes, challenging me to continually learn and stay at the forefront of technological advancements. The journey from GIS to this prestigious position has been a testament to the foundational knowledge, unwavering support, and enduring encouragement that I received from my alma mater.

Recognizing the transformative impact of mentorship I received during my days at GIS, I have made it a personal

mission to guide and inspire the next generation of aspiring Data Scientists. Through mentorship programs and as a judge for hackathons, I strive to provide guidance and share my experiences with students, nurturing their talents and encouraging them to pursue their dreams in this exciting field. It brings me immense joy and pride to witness their growth and witness the same spark in their eyes that I once had at GIS. I am deeply honoured to have been invited back to a lot of institutions now as the Guest of honour in multiple events, celebrating the achievements of current students and imparting the invaluable lessons I've learned along my journey. As I look back at my time at GIS, I realize the profound impact it had on shaping my personal and professional growth. Beyond providing a stellar education, GIS instilled in me a sense of discipline, curiosity, and a hunger for knowledge. The rigorous academic environment, coupled with the guidance and mentorship of dedicated teachers, laid the foundation for my success. GIS cultivated an environment that encouraged holistic development, emphasizing the importance of character-building, leadership, and empathy. These values continue to guide me in my career and personal life, enabling me to navigate challenges with resilience and integrity.

As an alumnus of GIS, I am filled with an overwhelming sense of gratitude and pride. The memories of my time spent within its hallowed halls are cherished, and the knowledge and values instilled in me during those formative years continue to shape my journey. GIS provided me with the tools, support, and opportunities to pursue my passions and achieve my dreams. Today, as I soar to new heights in the field of Data Science, I carry with me the lessons learned, the friendships forged, and the unwavering belief that the education I received at GIS laid the groundwork for my success. I am forever grateful to my alma mater and the remarkable individuals who contributed to my growth, and I eagerly anticipate the future, driven by the desire to make a meaningful impact in the society. Thank you GIS for instilling the confidence in me to contribute back

In most things success depends on knowing how long it takes to succeed

THE SCHOOL HEADLINES

INTER-GANGA GROUP DISCUSSION COMPETITION



GISHK hosted the 1st Inter-Ganga Group Discussion Competition on 26th April 2023, under the aegis of the school Director Col. Ashok Kaul and the Principal Ms. Swati Joshi. There were 24 participants from three teams of GISHK, GIS Kablana and GIS Sawda. The Competition was held in two categories- Senior category of classes XI and XII and Junior Category of classes IX and X. The event was given a traditional opening with the lighting of lamp by the Mentors.

The Group Discussion began with the first round of the Senior category on the topic 'Social Media: A Blessing or A Curse for the Society?'. This was followed by the first round for the juniors, who discussed the topic, 'Should Coaching Centres Be Banned?' The students seemed to be well versed in the art of group discussion. Then the second round for the seniors witnessed a passionate discussion on the topic-'Should Sports Be Taken as A Career?' The Juniors for the second round. Discussed-'Does Internet Curb Creativity?' The topics had been carefully curated to ensure that the Creative and Critical thinking of the youngsters was inspired to result in a meaningful discussion. The discussions were enormously enjoyed by the participants as well as the audience. GIS HK lifted 1 position in both the categories. The second position was bagged by GIS Kablana and the third position was bagged by GIS Sawda. Shubhangi Giri of GISHK received a Gold Medal for Individual Performance and Kanan of GIS HK won the Silver Medal among the Seniors. The Bronze medal was bagged by Diksha of GIS Kablana, among the Seniors. In the Junior category, Harsh Dabas of GIS Sawda won a Gold medal



People begin to become successful the minute they decide to be.



for individual performance, Chetna of GIS Kablana bagged Silver medal and the Bronze was shared by Yashvi of GIS HK and Tanjul of GIS Kablana. All the participants received certificates of appreciation. This Group Discussion event was highly successful in sparking an interest in GD among the youngsters and enhancing the Critical, Creative and Analytical skills among them. The School Management congratulated the winners, as well as the participants, for success of the event. Overall, the 1st Inter-Ganga Group Discussion was a memorable event, which offered a great learning opportunity to empower the youngsters to be future ready.

WINNERS



It always seems impossible until it's done.

PRE PRIMARY

RED ROSE DAY

The colour of love and smiles illuminated the air with energy, vigour and exuberance.. Pre-Primary Department of Ganga International School conducted 'Red Rose' activity on 17th April 2023 to introduce children into the mesmerizing realm of colours. The shades of red made our tiny tots feel bright, lively and cheerful. 'Red' colour symbolizes enthusiasm, life and vitality. The day started off with the colour red everywhere red dress, red rose, red teddy, red car, red apples, The tiny tots looked stunning in their red outfits. Various activities were planned and conducted with emphasis on significance of red colour. Our little ones spent a spectacular red day.



SUNSHINE YELLOW DAY

Yellow is the colour of optimism, glory, sunshine, and happiness. It stands for freshness, positivity, intellect and joy. Yellow Day was celebrated on 19th April 2023, by the Pre-Primary Department . The motive of celebrating yellow day was to make the students aware of the colour yellow and its significance. The day session began with fun filled introduction of colour yellow. Students were all dressed up in different shades of yellow colour. It was indeed a visual treat to see the impact of the yellow colour on our little angels. They were excited while doing the craft activity which was arranged for

them by the class teachers. It was an amazing learning experience which had a long lasting effect on each student. All the students were happy and enjoyed to the fullest.



Nothing is impossible, the word itself says 'I'm possible'!

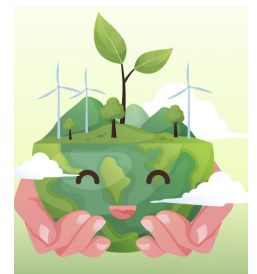
SKY IS BLUE

BLUE is a cool and soothing colour that shows creativity and intelligence. It is often associated with depth and stability. In order to emphasise the importance of blue colour, 'Sky Is Blue'-Blue Colour Day was organised for Pre-Primary students. It was an amazing learning experience which had a long lasting effect on each student. Early identification of colours helped to create the cognitive link between visual clues and words which is an important part of a child's development. The students of Pre-primary came dressed in different shades of Blue; they carried their favourite blue colour objects and spoke about it. They enjoyed various fun filled activities.



GREEN-THE COLOUR OF LIFE

Green Colour Day was celebrated on 1st May 2023 in a creative way in which the children learnt about the importance of green colour and the positive effects it has on our lives. The Pre-Primary Department buzzed with a series of activities like Hand-printing, Salad Making, Sandwich Making, Making cool refreshing drink etc. Bubbling with enthusiasm in their astonishing green costumes. The little ones created a pleasant, harmonious and refreshing aura. The shades of green filled the air with freshness, thrill, ecstasy and bliss. It also prompted them to think how green colour energizes and revitalizes our lives. It was indeed an invigorating experience.



Success isn't overnight. It's when everyday you get a little better than the day before. It all adds up.

EARTH DAY

The Pre-Primary students enthusiastically participated in various activities to commemorate our benevolent Mother Earth. On the occasion of the Earth Day, an array of creative activities such as plantation, special assembly, rhyme recitation etc. were organized with a view to sensitize the children about the conservation of natural resources and to motivate them to do their bit towards making their planet even more beautiful.



THE NEW PRE-SCHOOL OPENS

As the school opened for Pre-School students, on 13th April 2023 the Pre Primary Coordinator Ms. Nisha Sharma and her team of



cheerful teachers geared up to welcome their little bundles of joy with love and happiness. The Principal Ms. Swati Joshi and the Coordinator extended a traditional welcome to the adorable tiny tots, by putting Tilak on their forehead and kept them happily engaged. Soon the students felt at home and started learning with fun.



It does not matter how slowly you go as long as you do not stop.

Contributed by: Spalzin Angmo XII C2

BAISAKHI CELEBRATION

The Pre-Primary Department celebrated Baisakhi on 13 April 2023, with great joy and enthusiasm. This was intended to keep the students rooted to the Indian culture. The students danced to the tunes of folk music. It was an amazing experience to see the joy on lovely faces. All the students spent their entire day with great pleasure and take aways were given to make the day memorable



PICKING UP SHAPES

Shapes are building blocks for several bigger concepts that children will use throughout their schooling and lives. Students of Pre Primary Department of GIS had a fun filled day learning about shapes through various activities. They hopped and walked through the shapes, had a visual treat watching various shapes on digital tables, sorted shapes amongst various other shapes. It was indeed a great learning experience for



The more you praise and celebrate your life, the more there is in life to celebrate.

Contributed by: Padma Dhasal XI S2

MIDDLE DEPARTMENT

MASTER CHEF

If you are a chef, no matter how good a chef you are, it's fun cooking for yourself, the joy is in cooking for others." *The Middle School conducted an activity. Master Chef of GIS on 28th April'23. The activity created awareness about the nutritional values of food items cooked without flame. Through this activity the students learnt the spirit of teamwork, culinary skills, appreciating the handwork that goes into cooking. The students presented the dishes artistically and the display was a visual treat tickling the taste buds.

The results are:

Name	Class	Position
Mannat	VI-B	First
Vidisha	VIII-C	Second
Aaditya	VII-B	Third



Do what you can, with what you've got, where you are.



EARTH DAY TO SAVE THE FUTURE

Green Talks: Let's be eco-friendly. An array of creative events were organized with a view to sensitize the students of Middle School about the conservation of natural resources and to motivate them to do their bit towards making their planet even more beautiful. The Eco Club organized activities like Plantation Drive, Cloth Bag Making, Trash into Treasure, Crown Making to celebrate the *Earth Day. The students were encouraged to participate into these Co-Curricular activities to enhance their learning skills.



SENIOR DEPARTMENT

GIS Volleyball Teams Lift Second and Third Position in DDA Tournament

Ganga International School, Hiran Kudna, New Delhi participated in DDA Students' Volleyball Competition at DDA Sports Complex, Paschim Vihar. The Girls Volleyball Team secured the Second Position while the Boys Team bagged the Third Position. Congratulations to the teams and their coaches - Mr. Subhash and Ms. kavita for their awesome achievements!!!



Success consists of going from failure to failure without loss of enthusiasm.

INTER-HOUSE DOHA VAACHAN COMPETITION

'Ethics is knowing the difference between what you have a right to do and what is right to do.' A life without ethics is not worth living. To make students understand the importance of a virtuous life, Secondary Section of GIS organized an Inter House Doha Vaachan Competition on April 19, 2023. All the students participated with all zeal and enthusiasm to express their love for the traditional roots. The event was really a learning experience and emphasized on imbibing ethics and values in their behaviour. Participants were judged on the basis of content, voice modulation, pronunciation and overall presentation.

The results are as follows :

Position	House	Position	House
First	Mandakini	Second	Alaknanda
Third	Bhagirathi		



ANSHUL SEHRAWAT CREATES HEADLINES IN DDCA LEAGUES & OTHER TOURNAMENT MATCHES



Anshul Sehrawat scored 81 runs with his excellent batting made R R Gymkhana in 15th Radhika Cup Memorial Cricket Tournament, defeating GS Harry Cricket Academy



। नवभारत टाइम्स ।

अंशुल का अर्धशतक

अंशुल सहरावत (65*) मोहक दत्ता (3/22) और रोनित भारद्वाज व कवि के 2-2 विकेट की बदौलत सरोजनी नगर जिमखाना (162/5) ने हिंद सीसी (133/9) को 29 रन से हराया।

अंशुल चमके

अंशुल सहरावत (81) की उम्दा बैटिंग व सिद्धार्थ और गनूर के 2-2 विकेट की बदौलत आरआर जिमखाना (234/3) ने 17वें राधा किशन ओपन क्रिकेट टूर्नामेंट में डीसी बाल भवन (233/10) को सात विकेट से हरा दिया।

Women, like men, should try to do the impossible. And when they fail, their failure should be a challenge to others.

Contributed by: Kanan XII H1

GREEN WARRIORS

ECO-FRIENDLY LIFE HACKS

In today's world, embracing an eco-friendly lifestyle has become more important than ever before. As we face the challenges of climate change and dwindling natural resources, it's essential to find ways to reduce our ecological footprint and create a sustainable future for ourselves and the generations to come. This article will provide you with ten practical and impactful eco-friendly life hacks that will help you save money and save the planet in 2023.

EMBRACE A PLANT-BASED DIET

One of the most significant ways to reduce your environmental impact is by transitioning to a plant-based diet. Animal agriculture contributes to deforestation, water pollution, and greenhouse gas emissions. By consuming more plant-based foods, you'll be supporting a more sustainable food system that uses fewer resources and generates less pollution. Moreover, a plant-based diet is often cheaper than one that includes meat and dairy, helping you save money on groceries.

REDUCE, REUSE, AND RECYCLE

The three R's of sustainability – reduce, reuse, and recycle – are essential to an eco-friendly lifestyle. To minimize waste, focus on purchasing only what you need and using reusable products instead of disposable ones. Always try to repurpose items before throwing them away, and recycle as much as possible. By doing so, you'll reduce the amount of waste sent to landfills and decrease your carbon footprint.

DITCH SINGLE-USE PLASTICS

Plastic pollution is a major environmental issue, and single-use plastics are the biggest culprits. By switching to reusable alternatives, such as cloth bags, metal straws, and glass containers, you'll be taking a stand against plastic waste and protecting our oceans and wildlife. As a bonus, investing in reusable items can save you money in the long run.

CHOOSE ENERGY-EFFICIENT APPLIANCES

Investing in energy-efficient appliances is a smart way to reduce

your household's energy consumption and save money on utility bills. Look for products with the ENERGY STAR label, which indicates that they meet strict energy efficiency guidelines set by the Environmental Protection Agency. Energy-efficient appliances not only consume less energy but also often have a longer lifespan, providing long-term savings.

SWITCH TO RENEWABLE ENERGY SOURCES

Transitioning to renewable energy sources, such as solar or wind power, is another essential step towards a sustainable lifestyle. By installing solar panels on your home or signing up for a green energy plan with your utility provider, you'll be supporting the growth of clean energy and reducing your dependence on fossil fuels. Although the initial investment may be substantial, the long-term savings and environmental benefits make it worthwhile.

SAVE WATER

Water is a precious resource, and conserving it should be a priority in your eco-friendly lifestyle. Simple actions like fixing leaks, installing low-flow fixtures, and using a rain barrel for outdoor watering can significantly reduce your water consumption. These measures will not only help protect our freshwater resources but also save you money on your water bill.

OPT FOR ECO-FRIENDLY TRANSPORTATION

Transportation is a significant contributor to greenhouse gas emissions. To reduce your carbon footprint, consider using public transportation, carpooling, biking, or walking whenever possible. If you must drive, consider investing in an electric or hybrid vehicle, which produces fewer emissions and can save you money on fuel costs.

SUPPORT SUSTAINABLE BUSINESSES

As a consumer, your purchasing choices have a significant impact on the environment. By supporting sustainable businesses and choosing eco-friendly products, you'll be helping to create a more sustainable economy. Look for companies with fair labor practices, environmentally friendly manufacturing processes, and minimal packaging. In many cases, these products can be more cost-effective and longer-lasting, offering better value for your money.

Victory is sweetest when you've known defeat.

GUIDANCE AND COUNSELING

DEVELOPING AN IMPRESSIVE PERSONALITY: UNLEASHING YOUR TRUE POTENTIAL

Your personality is a powerful tool that can shape your interactions, relationships, and overall success in life. An impressive personality goes beyond surface-level charm; it is a reflection of your character, values, and the way you carry yourself. Cultivating such a personality is a lifelong journey of self-discovery and growth. Here are some key steps to help you develop an impressive personality and unleash your true potential.

1. Self-Reflection: Start by understanding yourself on a deeper level. Reflect upon your strengths, weaknesses, values, and beliefs. Identify areas for improvement and set personal goals that align with your values. This introspective process will provide a solid foundation for personal growth.

2. Positive Mindset: Cultivate a positive mindset by focusing on self-belief and optimism. Believe in your abilities and have confidence in yourself. Embrace challenges as opportunities for growth and maintain a positive outlook even in the face of adversity. A positive mindset radiates through your actions and interactions, leaving a lasting impression on others.

3. Continuous Learning: Commit yourself to lifelong learning and personal development. Stay curious and open-minded. Read books, attend workshops, and engage in intellectual discussions. Expand your knowledge and skills in various areas of interest. This constant pursuit of knowledge will enhance your confidence and make you a well-rounded individual.

4. Effective Communication: Develop strong communication skills as they are essential for building connections and expressing your ideas. Listen actively, speak clearly and concisely, and adapt your communication style to different situations. Practice empathy and understanding when engaging with others, and always strive to be an attentive and respectful communicator.

5. Emotional Intelligence: Cultivate emotional intelligence, which involves recognizing and managing your own emotions while empathizing with others. Develop self-awareness, emotional regulation, and effective interpersonal skills. This allows you to navigate social situations with grace, build strong relationships, and understand the needs and feelings of those around you.

6. Empathy and Compassion: Show genuine empathy and compassion

towards others. Treat everyone with kindness and respect, regardless of their background or position. Take the time to understand and connect with others on a deeper level. The ability to empathize and show compassion creates a welcoming and inclusive environment that people are naturally drawn to.

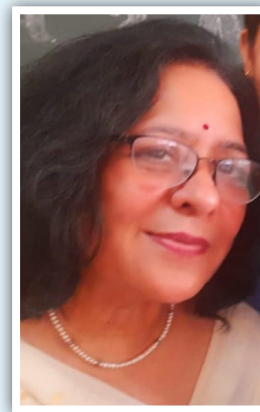
7. Authenticity: Be true to yourself and embrace your unique qualities. Authenticity is magnetic and leaves a lasting impression. Embrace your strengths, accept your weaknesses, and be comfortable with who you are. When you are authentic, people are more likely to trust and respect you.

8. Continuous Self-Improvement: Embrace a growth mindset and commit to ongoing self-improvement. Seek feedback from trusted mentors or friends and be open to constructive criticism. Continuously work on refining your skills, expanding your knowledge, and developing new competencies. Dedicate time and effort to personal growth, and you will continue to evolve and impress others with your progress.

9. Positive Relationships: Surround yourself with positive and uplifting individuals who inspire and challenge you. Build strong, meaningful relationships based on trust, respect, and mutual support. Foster connections with people from diverse backgrounds and perspectives, as this broadens your horizons and enhances your personal growth.

10. Resilience: Develop resilience to overcome setbacks and face challenges head-on. Learn from failures, adapt to change, and bounce back stronger. Resilience demonstrates your ability to persevere in the face of adversity, showcasing your strength of character and determination.

We need to remember, developing an impressive personality is not about seeking validation from others or trying to conform to societal expectations. It is about embracing your authentic self, continuously growing and improving, and positively impacting the lives of those around you. By following these steps and staying committed to personal growth, you will unlock your true potential and cultivate

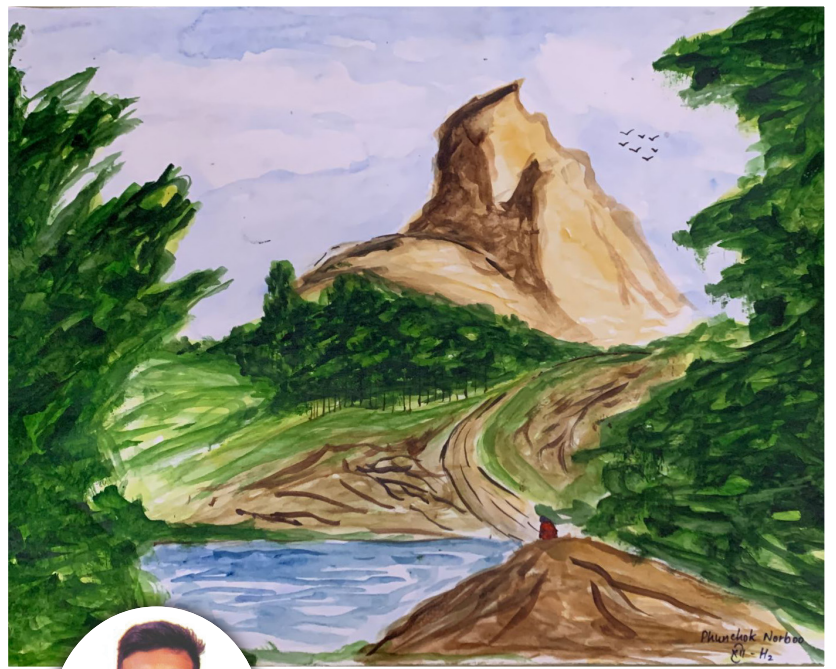


Satisfaction lies in the effort, not in the attainment, full effort is full victory.

SPOTLIGHT ON ART



ISHIKA-9C



PHUNCHOK NORBOO XII-H2

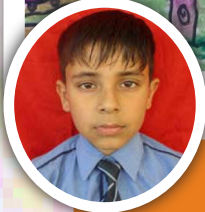


HARSHITA SHARMA 9-B



YAGYA DABAS V-A

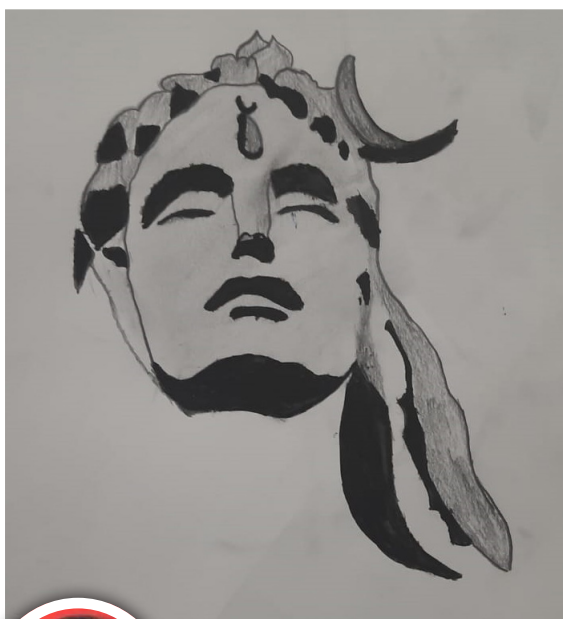
Satisfaction lies in the effort, not in the attainment, full effort is full victory.



TAKSH V-C



KANAN XII-H1



SABHYA ADARSH 11-C2



PAARTH III-A

Energy and persistence conquer all things.

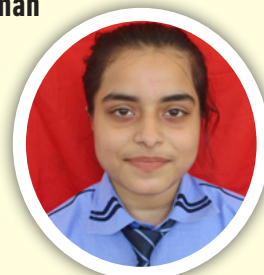
EXPRESSIONS

KINFOLK

Oh, they a strange brew.
Almost like a union crew.
One minute disagreeing.
Then the next tight as can be.
In house fighting that makes you question their love.
Just to see them turn around and show it.
Siblings, only they can explain it.
Getting to the truth is hard as can be.
Unless you have a young one.
Who will tell on everyone!?
Siblings, only they understand that connection.
Parents know their bond.
That if attacked by others.
They gather together to bear arms.
And it's not with any guns.
The world of a child is simply hard to explain.
The way they want to go outside and play in the rain.
And avoid coats in the snow.
And when questioned about, how things got broken?
Then between them nobody really know.
Siblings, we all been there before.
Unless you're the only child.
Then you just don't know.
This love bond stays between some as they simply
begin to grow older.
Their motto, something parents do not need to know.
Unless it is something vital.
Then the protection goes out the door.
Yes, there'll be fights.

And lectures from parents.
There'll be wearing of clothes that belonged to others.
Who hadn't had the chance to wear them before?
And give you the option of taking them out freely.
Before they assist you to the floor.
Yes, siblings.
They are hard to explain.
Counsellors' advice is not asked or requested for.
Not by parents that know about these things.
Books weren't going to be their teacher.
Because books didn't raise them in anyway.
That this new generational thing.
Where judges and courts think social workers need to be
involved?
The best instructions are in the book about the teaching of
God.
Where we see the same conflicts?
Siblings, there is no one better to have than a sister or
brother.
Who had a mother or father to witness it all?
There are many things in life to be grateful for, and
siblings are pretty high up on that list. You have had
your fair share of arguments, okay perhaps "LOADS" of
arguments, but you never stop loving each other. You just
can't! I was feeling particularly sibling-sick this week, so
naturally, I found comfort by writing this poetry.

**Dedicated to- Aman, Sarang, Nikita, Raman, Sneha and
Naman**



**Contributed by
Sonam Jha
XI-C2**

Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time.

Contributed by: Kanan XII H1

भलाई के बदले भलाई मिलती है।



बात उन दिनों की है, जब मैं एम्स में अपनी किडनी के इलाज के लिए भर्ती था। क्योंकि दवा काफी महंगी थी, इसलिए मेरे पास खे जैसे लगभग खत्म होते जा रहे थे और मैं गंभीर आर्थिक संकट से जूझ रहा था। मेरी एक दवा तो ऐसी थी कि मात्र 10 टेबलेट के लिए मुझे पंद्रह सौ रूपए चुकाने पड़ते थे। उस दिन चेकअप करने के लिए डॉक्टर साहब आए और अचानक मेरी दवा बदल दी। मेरे पास उस दवा के पंद्रह टेबलेट बचे हुए थे। मेरे तो होश उड़ गए कि डॉक्टर साहब ने जो दवा लिखी है, उसे कैसे खरीद पाऊंगा। इससे ज्यादा मैं परेशान था कि शेष दवाई के पैसे बर्बाद हो गए। मैं परेशान हाल अपने बिस्तर पर लेटा था, कि अचानक सामने वाले बिस्तर पर एक मरीज को लाया गया। जो मुझसे ज्यादा चिंतित दिखाई दे रहा था। क्योंकि मेरी और उसकी बीमारी एक ही थी, इसलिए मैं उससे बातचीत करने लगा। बातचीत के क्रम में उसने बताया कि डॉक्टर साहब ने महंगी दवा लिख दी है और मेरे पास उसे खरीदने के लिए पैसे नहीं हैं। मैंने पर्चा देखा तो पाया कि, मेरे लिए बेकार हो चुकी दवा इसमें लिखी है। बस मैंने मन ही मन निर्णय ले लिया और उस व्यक्ति को टेबलेट देते हुए बोला लो, तुम्हारे कुछ दिनों का इंतजाम हो गया। अब मैंने खुद की मदद के लिए अपने परिचितों को फोन लगाना शुरू किया और सबसे पहले एक परिचित डॉक्टर को फोन लगाया। फोन रिसेव करते ही उन्होंने मेरी हालत पूछी। मैंने उन्हें सारी बात बताई। इसके ठीक एक दिन बाद ही मेरे पास उन डॉक्टर साहब के सौजन्य से 45 दिनों की दवा पहुंच गई। तब मैंने जाना कर भला तो हो भला।



सोनाक्षी रंजन
नौरी (बी)

यह वक्त



बीता हुआ कल, आने वाला पल

ये तो बस बहाने हैं।

सच तो आज में जीना है जिसे हर कोई ना

जाने है क्या कहना है, क्या करना है

ये बंधियों के पैमाने हैं

आजाद है तो बस, दिल की धड़कन

दिल कब बंधन माने हैं...?

नदी सा चल, सरोवर सा रुक नहीं,

अपनी स्वाहिशो को सीमित कर नहीं अभी

रस्वाहिशों के परींदों की उड़ान बाकी है।

जो सोच लिया तूने समझो पा लिया

सफलता की ओर कदम तूने बढ़ा लिया

अभी सफलता का शीर्ष झुकना

बाकी है

क्या फ्रिक तुझे अभी पूरा जहान

बाकी है।

मंजिले बड़ी जिददी होती हैं...

हासिल कहाँ नसीब से होती है?

मगर वहाँ तूफान भी हार जाते हैं

जहाँ कश्तियाँ जिद पर होती हैं

वक्त बदल देता है हर आलम और

हालात

हमेशा तो कभी गम की बरसात

नहीं आणगी

देखे हैं ऐसे वक्त तूने पहले भी

जिन्दगी मे

इस वक्त को बिताना तेरे लिए

इम्तहान नहीं

तेरे लिए सोच रखे होंगे कुछ

खुशनुमा लम्हे

ऊपरवाले के घर मे देर है अंधेर नहीं!

चाँद लाकर कोई नहीं देगा अपने आप

ही खिलखिलाया कर !



रुपांशी
आठवीं(बी)

The only limit to our realization of tomorrow will be our doubts of today.



GIS' CREATIVE GENIUSES



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